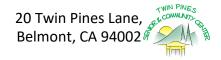


# 'Grab & Go' Lunch Menu - March



### Aging & Adult Services Agency

#### **ORDER INSTRUCTIONS:**

- 1. Order <u>at least</u> 7 days (1 week) in advance. Sign up early! Some days may fill up.
- 2. Call 595-7444
- 3. You can order up to 2 meals per day. List the names of each person.
- 4. For paper orders:
  - Circle the date
  - Write the amount (up to 2) on the small box
  - Write your name & phone number
  - Drop it off during the Grab & Go Program

#### **PICKUP INSTRUCTIONS:**

- 1. People with last names **A-M**:

  Pick up between 11:30am-12:00pm
- 2. People with last names **N-Z**:

  Pick up between 12:00– 12:30pm
- 3. Pick up at Center's Front Entrance
- 4. Face coverings must be worn over nose and mouth
- 5. \$5 suggested donation. Please bring exact change, which can be obtained at your bank
- 6. Please observe social distancing guidelines

If you're feeling even slightly ill, please stay home & call us to cancel

Tuesday	Wednesday	Thursday
1 Tortellini Time Cheese tortellini w/spiced ground beef, squash, & peppers, salad, bread, fruit	2 Chicken Delight Cog Au Vin chicken, mashed potatoes, corn, peas, salad, bread, fruit	3 Pot Pie! Oh My!  Chicken pot pie w/ peas, carrots, & potatoes, spinach salad, bread, fruit
8 Pork Perfection Pork loin w/ cream sauce, wheat pasta, green beans, carrots, bread, salad, fruit	9 Scrumptious Stroganoff Ground beef stroganoff, wheat pasta, peas, corn, salad, bread, fruit	10 That's Italian! Penne Bolognese (meat sauce) sguash medley , salad, bread, fruit
15 Gone Fishing Veracruz snapper, Spanish rice, pinto beans, peas, corn, salad, bread, fruit BLOOD PRESSURE SCREENING	16 Ravioli Wednesday  Beef ravioli, mushrooms  & carrots, salad, bread, fruit	17 Luck of the Irish  Corned beef brisket, roasted potatoes, cabbage, carrots, salad, bread, fruit
22 Down Mexico Way  Carnitas enchiladas,  Spanish rice, beans, tomato,  & bell pepper salad, fruit	23 BBQ Bonanza BBQ chicken, brown rice, squash, carrots, salad, biscuit fruit	24 Chicken Delight Oven baked chicken, mashed potatoes, cabbage & mushroom sauté, biscuit, salad
29 Tasty Tuesday Chicken oregano, angel hair pasta, broccoli, carrots, carrots, salad, bread, fruit	30 Surf & Turf Sauté Sweet chili chicken and shrimp sauté, rice, broccoli, carrots, salad, bread, fruit	31 Meat 'n Potatoes  Beef brisket, cheddar mashed potatoes, corn, & onions, salad, bread, fruit

\*Menu is subject to change \*Suggested Donation is \$5 per meal \*Policies on back

Arrivals after 12:30 are considered No-Shows & forfeit their meal.

## **Paper Order:**

Name(s)	
` ,	

Phone\_\_\_\_\_

# Twin Pines Grab and Go Lunch Program Policies

The Lunch Program is provided through a grant awarded by San Mateo County.

The delicious meals are catered by Creekside Grill.

Fee Age 60+: Suggested donation of \$5 per meal ordered

#### Reservations

- Sign up as early as possible. You may sign up for the month or at least a week in advance. Popular dates may fill up.
- "Dropping in" is discouraged, as there are only a specific number of meals ordered. Make sure you signed up on the reservation list prior to picking up your meals.
- You may order 1 or 2 meals per day. Please specify the number of meals you would like when making your reservation. If ordering two meals, list both names on the order form.
- Unless indicated, your reservation will be for one meal.

#### On Arrival

- You must wear a face covering when picking up your lunch. The pick up location is outdoors, at the Senior Center front door.
- If you are feeling even slightly ill, stay home. For everyone's' safety, we cannot accommodate sick persons.
- Practice social distancing and stay at least six feet from others, using the ground markings.
- Last names A-M pick up between 11:30 and 12:00; Last names N-Z pick up between 12:00 and 12:30
- Please have exact change or a check payable to the City of Belmont when making your donation.
- Arrivals after 12:30 are considered No-Shows and forfeit their meal.
- On site dining is not available during Covid-19. To prevent food borne illness, please take your meal directly home. Don't leave it in the car where it may be sitting in unsafe temperatures.

#### At Home

• Refrigerate your meal if you are not planning on eating it right away. Your meal entrée container may be microwaved and recycled. Discard any leftover food after three days.

### **Waiting List**

• If you are on the Waiting List, we cannot guarantee you will receive a meal. We will call you if there were any cancellations.

#### **Cancellations**

- If you signed up and need to cancel, please notify the Center as soon as possible by calling (650) 595-7444.
- Remember, we order the meals a week in advance. When you make a reservation, we hold that meal for you. If you need to cancel a meal, please cancel a week in advance, or the Center will incur a cost of \$10 for each meal that was not consumed.
- Your reservation is non-transferrable and goes to the next person on the Waiting List. It would be unfair to give your spot to a friend who has not made a reservation ahead of time.